

# HOW MANY HOURS DO I WORK?

To pay for the things that I buy?

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Is that the best place to spend  
my money?



POSITIVELY  
• JANE •

Hi there,

Habits are things that you do without giving it any thought. Like driving, brushing your teeth or loading the dishwasher.

**Spending your money is a habit too.** Buying the coffee, grabbing that magazine, or candy bar at the check out....

You just drop in on the counter, put it on the card...and never give it another thought, right?

But, have you ever thought about **how many hours** you have to work to make that purchase? Those big ones and those small ones?

PLUS...those little purchases can definitely add up to big money spent.

So, next time you put it on the card or hire someone to do something you can do...figure out how many hours **YOU** have to work to pay for that.

Then decide if it's worth it to you. With knowledge comes power...and the power is in the choice. Your choice. Your decision.

The worksheet on the next page will help you know how many hours you are working to buy that little (or big) something.

Big Hugs,  
Jane





Hey there!

It's me, Jane. I am a wife, mom, sister and friend. I am on a mission to teach 1000 women how to eliminate overwhelm and stress in the arena of their finances.

You can find me in my craft room, on the computer or at the lake just hanging out.

I hope this has been helpful to you!

You can find me...

[PositivelyJane.net](http://PositivelyJane.net)

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