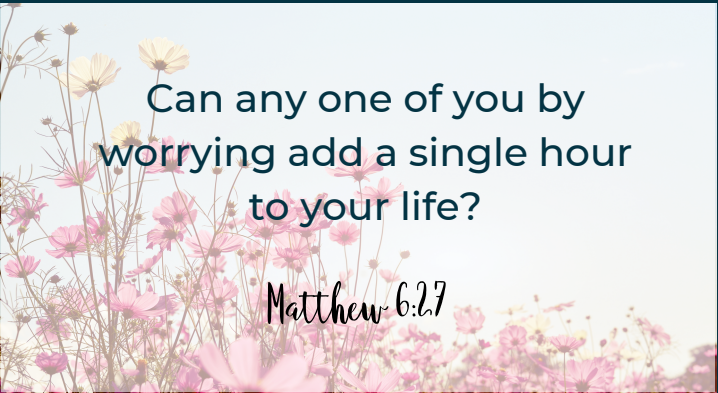


# BIBLE VERSES

# FOR FEAR & ANXIETY


Verses for you to print out,  
memorize, and carry close to  
your heart





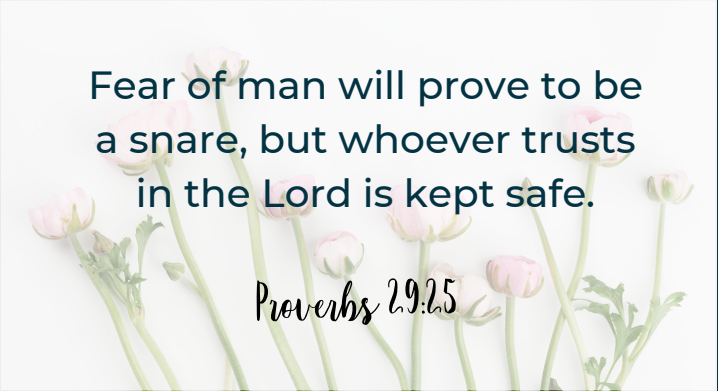
Can any one of you by  
worrying add a single hour  
to your life?

*Matthew 6:27*



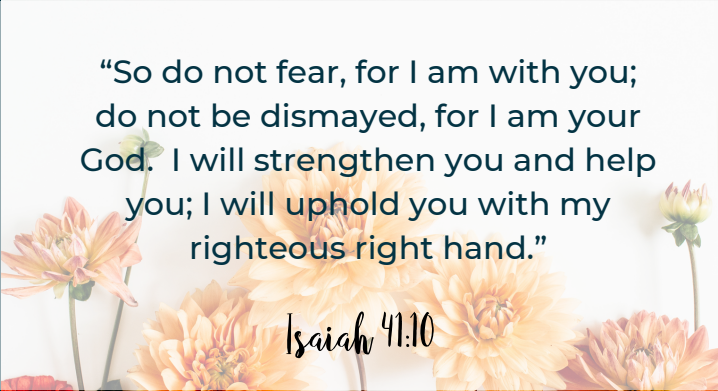
There is no fear in love. But  
perfect love drives out fear.

*1 John 4:18a*



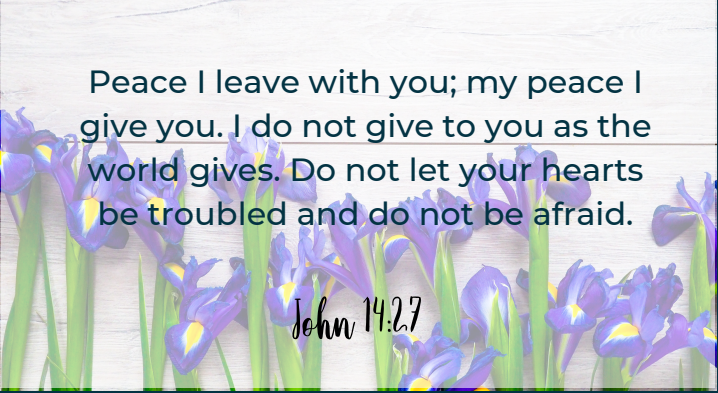
Fear of man will prove to be  
a snare, but whoever trusts  
in the Lord is kept safe.

*Proverbs 29:25*



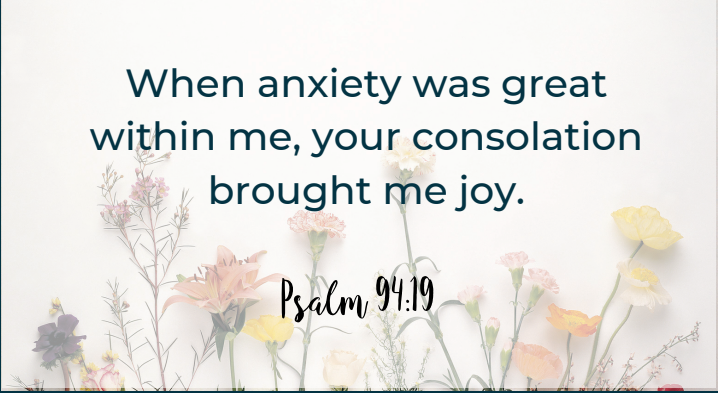
“So do not fear, for I am with you;  
do not be dismayed, for I am your  
God. I will strengthen you and help  
you; I will uphold you with my  
righteous right hand.”

*Isaiah 41:10*



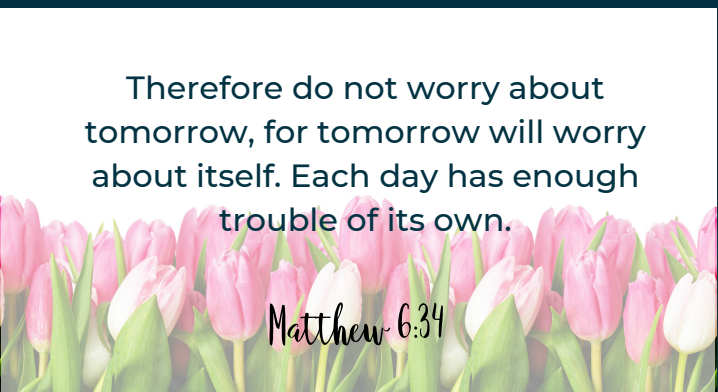
Peace I leave with you; my peace I  
give you. I do not give to you as the  
world gives. Do not let your hearts  
be troubled and do not be afraid.

*John 14:27*



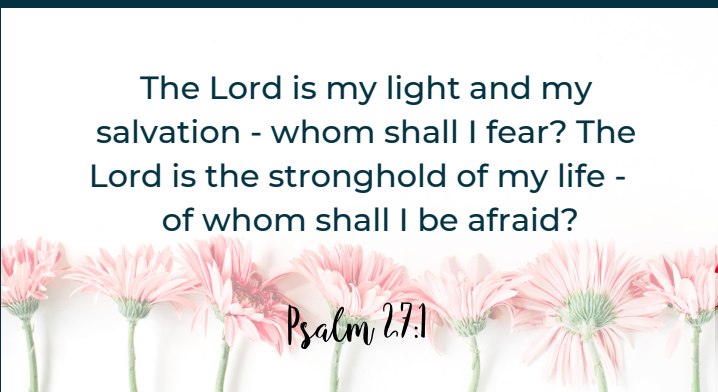
When anxiety was great  
within me, your consolation  
brought me joy.

*Psalms 94:19*



Therefore do not worry about  
tomorrow, for tomorrow will worry  
about itself. Each day has enough  
trouble of its own.

*Matthew 6:34*



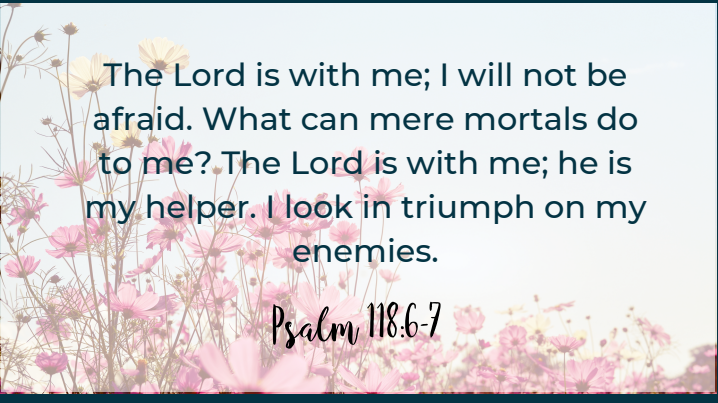
The Lord is my light and my  
salvation - whom shall I fear? The  
Lord is the stronghold of my life -  
of whom shall I be afraid?

*Psalms 27:1*



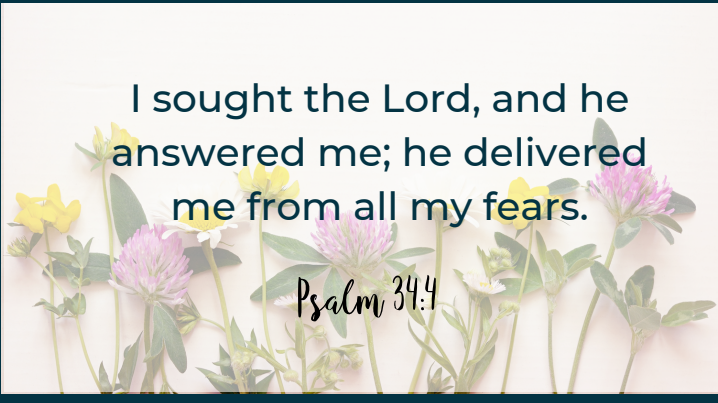
# 10 BIBLE VERSES ABOUT WORRY & ANXIETY

PositivelyJane.net

A background image of various flowers, including pink and yellow ones, with green stems and leaves. The flowers are scattered across the frame, creating a soft, naturalistic feel.

The Lord is with me; I will not be afraid. What can mere mortals do to me? The Lord is with me; he is my helper. I look in triumph on my enemies.

*Psalm 118:6-7*

A background image of various flowers, including yellow and pink ones, with green stems and leaves. The flowers are scattered across the frame, creating a soft, naturalistic feel.

I sought the Lord, and he answered me; he delivered me from all my fears.

*Psalm 34:4*